



## Training Description to Become a Psycho-Bio-Acupressure Practitioner - Dr Delatte's Institute

### DISCOVERY DAY

Goal: learning how to rebalance your emotional state and that of your loved ones with 8 of the 22 five-point acupressure circuits created by Pierre-Noël DELATTE MD.

Requirement: open to everyone

Training Duration: 5 hours in one day. Also possible online.

Document provided: a booklet of the 8 circuits.

Assessment: none.

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### LEVEL 1

Goal: learning how to apply the 22 five-point acupressure circuits created by Pierre-Noël DELATTE MD, the 5 PBA Golden Rules, a few specific protocols.

Requirement: having completed Discovery Day.

Training Duration: 9 hours in one day and a half.

Document provided: the booklet with the 22 circuits.

Assessment: none.

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### LEVEL 2

Goal: learning the complete method created by Dr DELATTE MD starting with the pulse; rebalancing the energetic system; to find, verbalize, and release the emotional blockages using the pulse. One day of verbalisation course is included in these three-day training in order to know more about the blockages and their impact.

Requirement: having completed level 1

Training Duration: 18 hours in 3 days on site

Documents Provided: the short list of adult emotional blockages, practice case sheets.

Assessment: none.

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### CLASSIC VERBALIZATION

Goal: learning the impacts and the advantages of emotional blockages.

Requirement: having completed level 2

Training duration: 2 days, only on site.

Special feature: It is recommended to do this session observer course several times if you intend to continue the training.

Assessment: none.

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### SESSION OBSERVER

Goal: learning by observing an assessment session, how to apply the acupressure points, taking care of the client, the verbalisation of the blockages by watching the students' assessments.

Requirement: having completed level 2

Training duration: 2 days, only on site.

Special feature: It is recommended to do this session observer course several times if you intend to continue the training.

Assessment: none

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### SUPERVISION 1 (12 hours in 2 parts, theory and practice)

#### **Theory (6 hours) is available online:**

Goal: training before level 3A assessment, learning to explain PBA, the energetic balance, the golden rules, the emotional blockages and their release, the instructions at the end of a treatment. Training to remember the different acupressure points. Learning to acquire the proper attitude.

Requirement: level 2 and 2 to 3 practice cases.

Assessment: none

#### **Practice (6 hours) on site:**

Requirement: having completed the supervision 1 Theory

Special Feature: PBA treatment with volunteers done by level 2 students and supervised by the Head of Studies and Training.

Assessment: none

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### LEVEL 3A

Goal: assessment of a treatment with an adult. You will be appraised on how you receive the client, explain PBA, describe the treatment, do the energetic

balance, find the emotional blockages using the pulse, verbalise the blockages, their impacts and benefits. The bare minimum circuits must be known **by heart**. Your verbalisation notes can be used during the assessment.

Requirement: 1 session observer, + 1 supervision 1, + 15 new practice cases, + 1 treatment with a certified practitioner. If it's the second time you do the assessment, you have to do 5 to 10 new practice cases.

Training Duration: 2 days on site (with a possible extra 2 to 4 hours)

Assessment: skill assessment.

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### LEVEL 3B

Goal: learning the complete method using intuitive feeling as Dr. DELATTE created.

Requirement: level 3A validated.

Training Duration: 1 day (6 hours) on site.

Document provided: the long list of adult emotional blockages.

Assessment: none

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### SUPERVISION 2 (12 hours in 2 parts, theory and practice)

#### Theory (6 hours) available online:

Goal: training before level 4 assessment, learning how to do a treatment with a child accompanied by a parent.

Requirement: level 3B, + 30 new practice cases done with the long list of emotional blockages.

Documents provided: the list of the child emotional blockages and the list of the baby emotional blockages.

Assessment: none.

#### Practice (6 hours) on site:

Requirement: supervision 2 Theory, + practice cases using the long list of adult emotional blockages, 30 new practice cases since level 3B.

Description: the 3B students do a practice session with a child accompanied by a parent and supervised by the Head of Studies and Training, in order to prepare for the level 4 assessment.

Assessment: none

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### LEVEL 4

Goal: evaluation of a treatment on a child accompanied by a parent. Knowing the bare minimum **by heart**. Notes are **not** allowed.

Requirement: Supervision 2 (theory and practice), + 20 new children practice case,

+ 1 session observer, + 2 sessions with a certified practitioner after level 3B. If it's the second time you take the assessment, you have to do 20 new practice cases (10 adults + 10 children).

Training Duration: 2 days on site (with a possible extra 2 to 4 hours)

Assessment: skill assessment

Special Feature: once level 4 has been validated, trainees are listed on the Institute's website as a "level 4 trainee". They get paid for their practice, in strict compliance with the price range set by the Institute (as described on the website). At the same time, they become a member of the Council of Practitioners, and agree to pay an annual fee in return for the aforementioned benefits.

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### SUPERVISION 2+ (12 hours in 2 parts, theory and practice)

#### Theory (6 hours) available online:

Goal: training before level 5 assessment, learning how to do a session with a baby accompanied by a parent and how to verbalize.

Requirement: level 4 validated, + 30 to 50 new practice cases with an adult, a child or a baby.

#### Practice (6 hours) on site:

The level 4 student does a treatment with a baby accompanied by a parent and supervised by the Head of Studies and Training, to prepare for level 5 assessment.

Requirement: supervision 2+ Theory, + 50 new practice cases (adults, children and babies) after the level 4 validation.

Assessment: none

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### LEVEL 5

Goal: session assessment with an adult, a child or a baby (and parent).

Requirement: supervision 2+ theory and practice, + 50 new practice cases (adults, children and babies) done after the supervision 2+, + 2 sessions observer between the supervision 2 and the level 5, + 2 sessions with a certified practitioner after level 4, + a written dissertation, + 12 months of practice after level 4. Knowing the 22 circuits **by heart**. Notes are **not** allowed.

Training Duration: 2 days on site (with a possible extra 2 to 4 hours)

Assessment: skill assessment

Document Provided: approval number, diploma.

Special Feature: once level 5 has been achieved, approved practitioners will increase their session fees, in strict compliance with the price range set by the Institute (as described on the website). The annual fee will be revised to reflect this new status of "approved practitioner".